

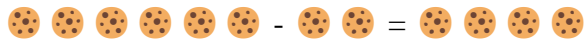
Understanding Addition and Subtraction

Addition and subtraction are important math skills that help us solve problems every day. Addition means putting things together to find the total. Subtraction means taking things away to find out what is left.

Let's use some examples with pictures! Imagine you have 4 apples, and your friend gives you 3 more. To find out how many apples you have in total, you add: **4 + 3 = 7 apples**. Here's how it looks:



Now let's try subtraction. If you have 6 cookies and you eat 2, you can subtract to see how many are left: **6 - 2 = 4 cookies**. Here's how it looks:



You can also use counters or small objects, like buttons or toy blocks, to practice addition and subtraction. For example, if you have 5 blocks and your teacher gives you 2 more, you can count all the blocks together to get **7 blocks**.

Addition and subtraction are fun when you use pictures or objects. Keep practicing, and soon you'll be able to solve problems quickly and easily!

Reference:

National Council of Teachers of Mathematics (NCTM). (n.d.). *Helping Children Learn Math with Everyday Tools*. Retrieved from <https://www.nctm.org>